



PRACTICE

ALL IT TAKES IS 10 MINUTES EVERYDAY*

Make practice a part of your daily routine and you will find that you will make progress and be ready to tackle new challenges in class.

Find out what time works best for you is it in the morning or right after school?

Make sure you are being SMART with what you practice.

Practice with a friend and time will fly by a lot faster.

*Feel free to practice more than 10 minutes. If you want to improve more than just a little bit you will need to put more time in but still make sure you continue to practice everyday.